



**University of
Sunderland**

Ley, Marcia and Mulqueen, Mark (2014) Room for You: Arts in Health (Participatory Arts). In: The Art of Good Health and Wellbeing-International Arts and Health Conference, 11-13 Nov 2014, National Gallery of Victoria, Melbourne, Australia. (Unpublished)

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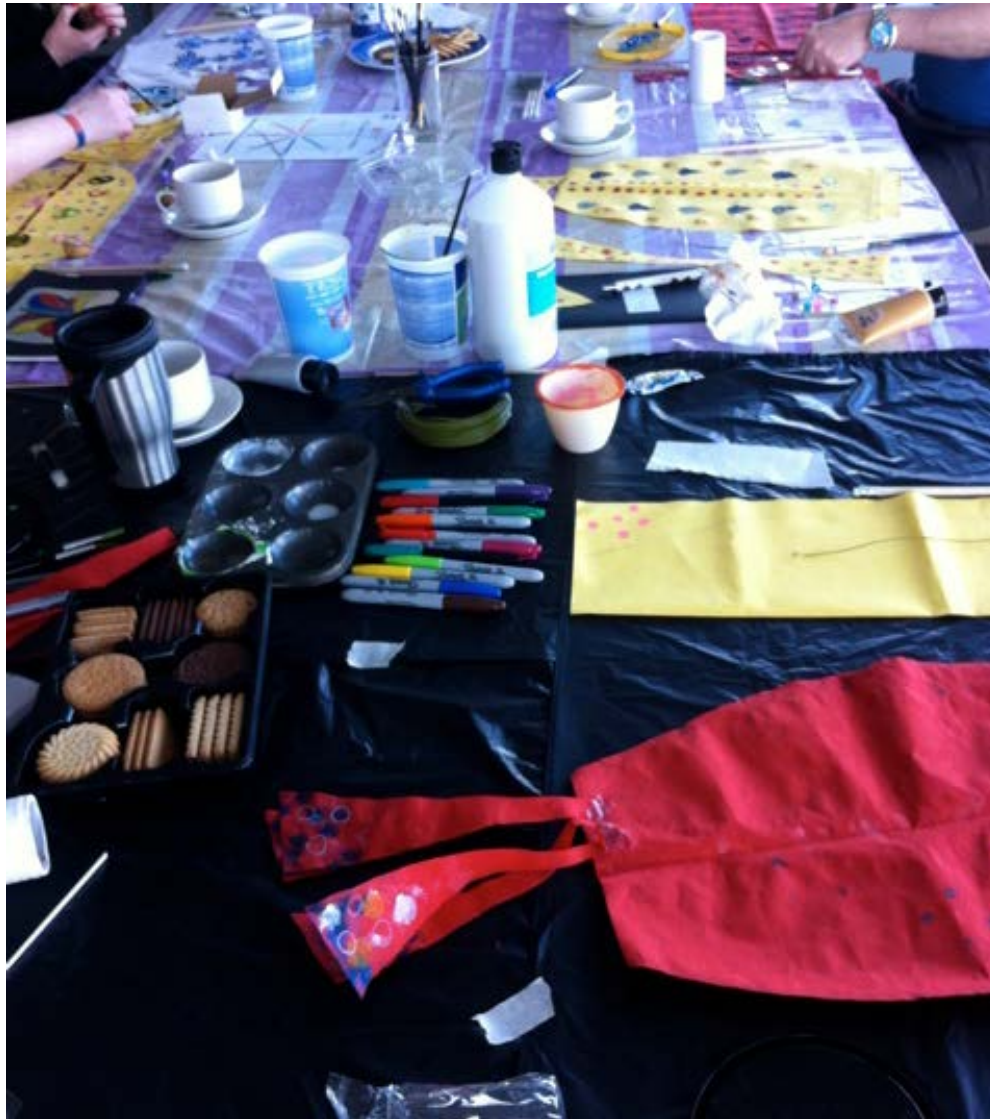
 ROOM
FOR YOU
arts in health





Room for You's Statement of Purpose is:- 'to provide emotional support (through creativity and listening) to people living with life limiting, long term conditions.'

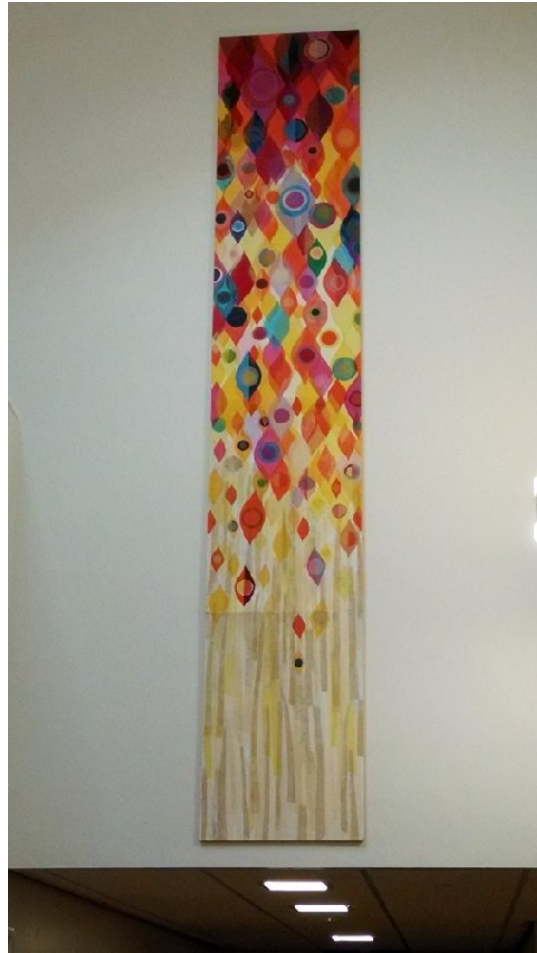
Brief History



How we work



How we work



Quote from the Sister in a Cancer Unit

- Quote from the Sister in a Cancer Unit
- 'The artists and counsellors from Room for You can provide time with the patients that our staff cannot always guarantee. This is both beneficial for the patients who get involved and for staff who are able to leave patients knowing that they are engaged in something that they are enjoying. It is anticipated that we (the hospital) will see more positive patient feedback as a result of this service.'
- Furthermore '... the service delivered by Room for You will have a positive effect on patients attending the Unit. Providing them both with a therapeutic activity and protected time to talk to someone trained to help them deal with the issues their treatment and perhaps their acceptance of dying is presenting. Patients and relatives are also able to take away some of the artwork created.'
- We have developed a wealth of accumulated knowledge on how to bring art into a patient focussed healthcare setting and our work is often used as an integral part of the Cancer Treatment Service.

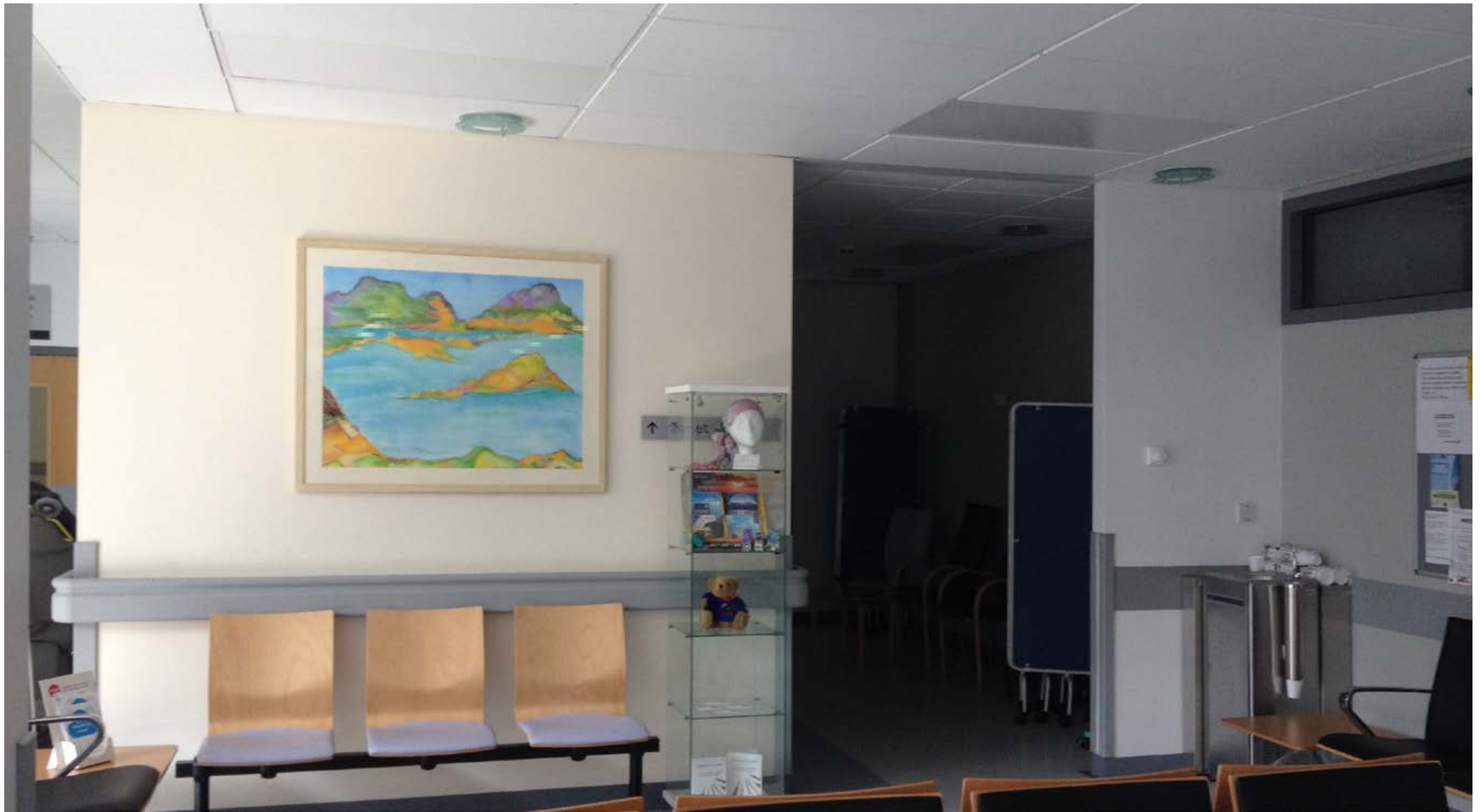
How do we make people feel better?



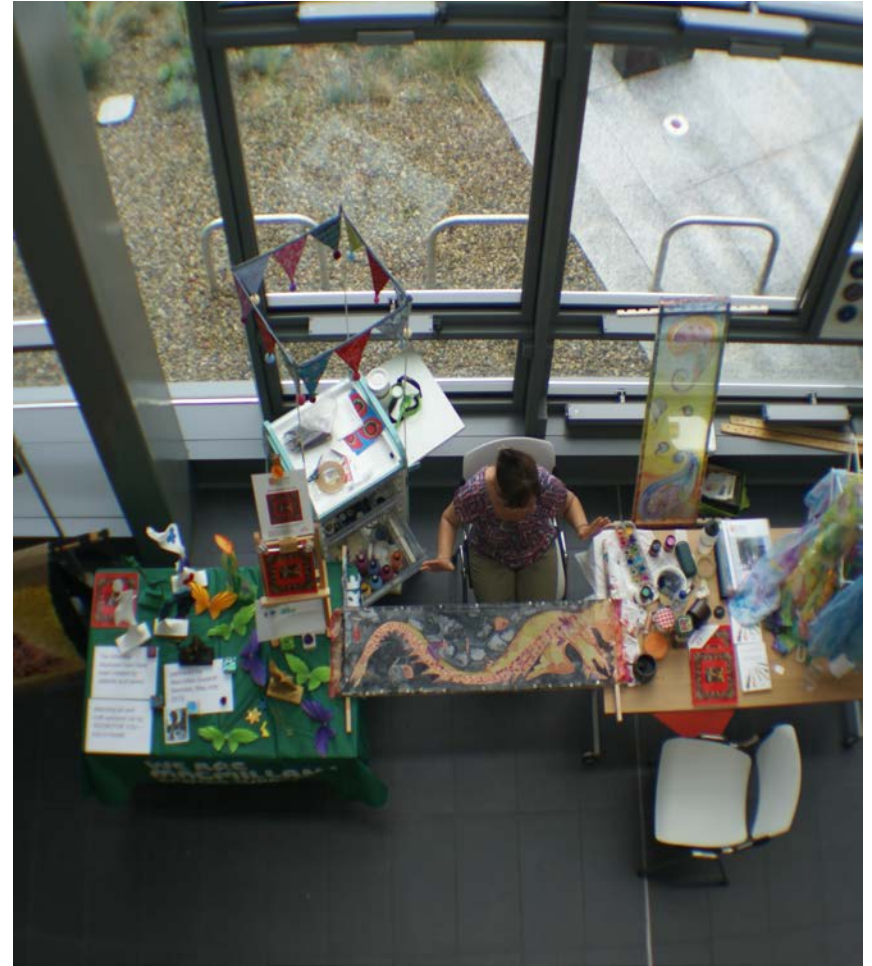
How do we make people feel better?



NCCC waiting area



NCCC waiting area



The Act of Making



The Act of Making




The Act of Making



How do we 'measure' impact?


- So overall how would you sum up your experience of coming into contact with the art project when you have been coming backwards and forwards?
- Client: I think it was wholly positive actually I did feel better on the days when they were here than on the other days.

PROJECT ID.		DATE OF COMPLETION
PARTICIPANT ID.		1
		2
		3


**ROOM FOR YOU**
arts in health

WELLBEING WHEEL

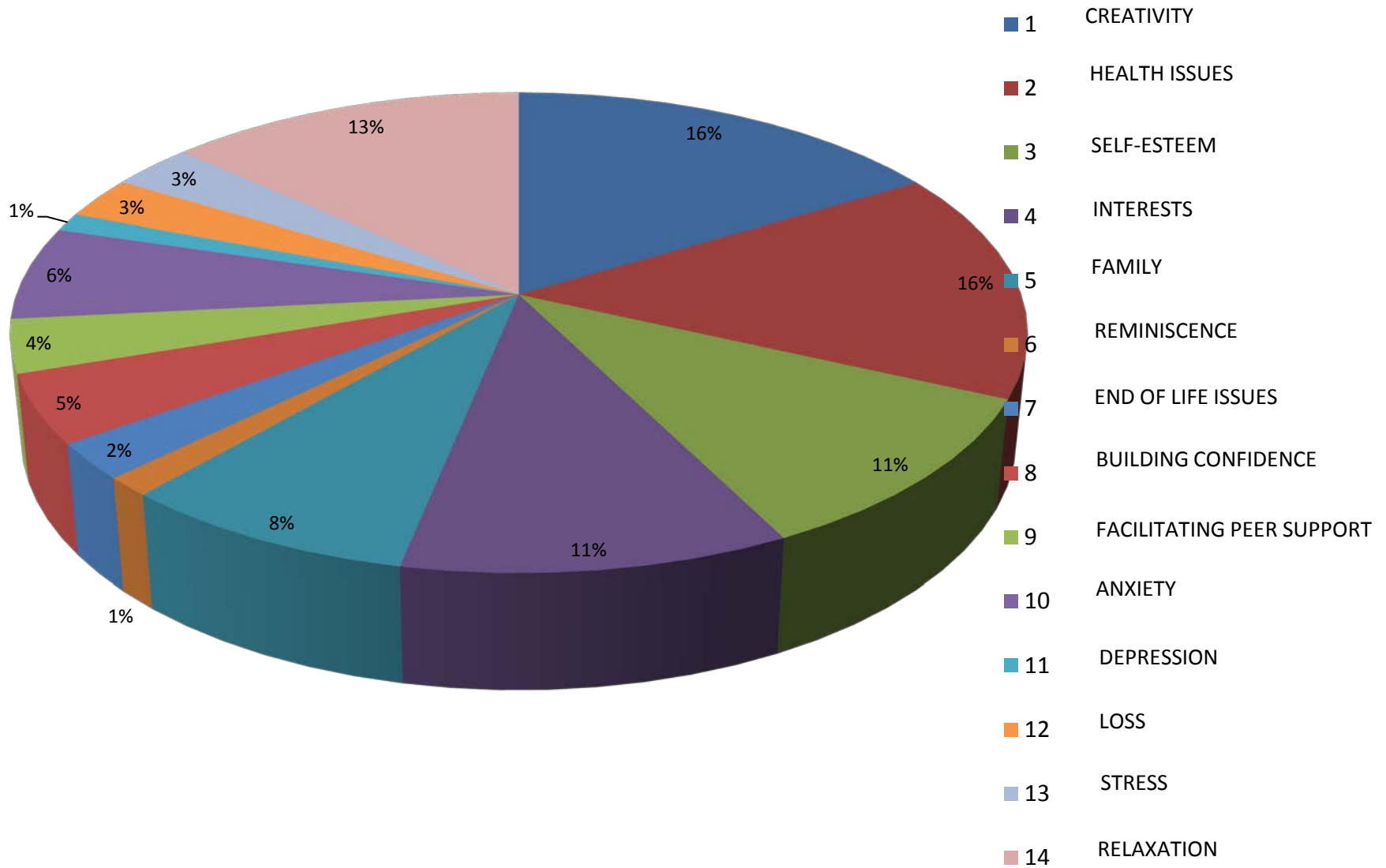
SCALING KEY
1 = Not at all true of me
10 = Very true of me



YOU MAY USE THIS BOX TO ADD YOUR OWN COMMENTS ON YOUR EXPERIENCE OF 'ROOM FOR YOU' SESSIONS

WE ARE FURZELLAN.
Cancer Support


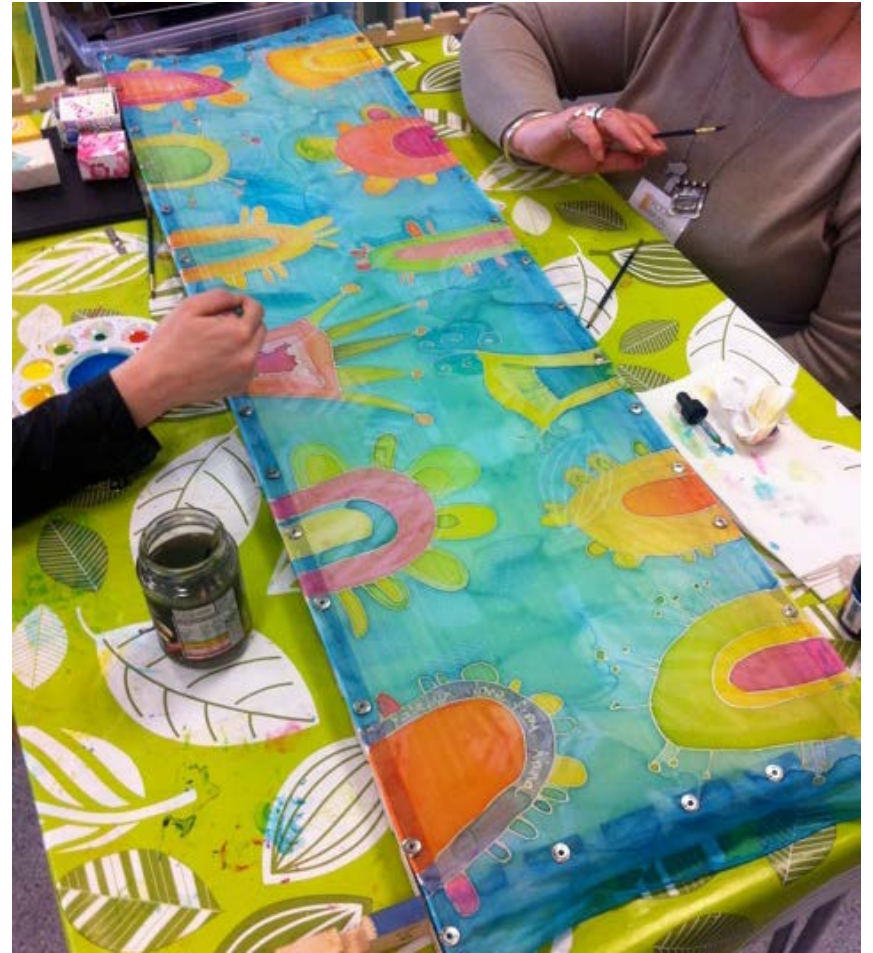
ROOM FOR YOU-Arts in Health Phoenix Unit-Presented Issue Types



'Arts for Well Being' workshops



Arts for Well Being workshops



Art for Well Being workshop



'Talking is good!'





 ROOM
FOR YOU
arts in health





WALK

**WE ARE
MACMILLAN.
CANCER SUPPORT**



LOTTERY FUNDED

Thanks for listening! Any Questions?



"Mr. Osborne, may I be excused?
My brain is full."



Hook into the Past



The Story of Mat Making
in
North East England

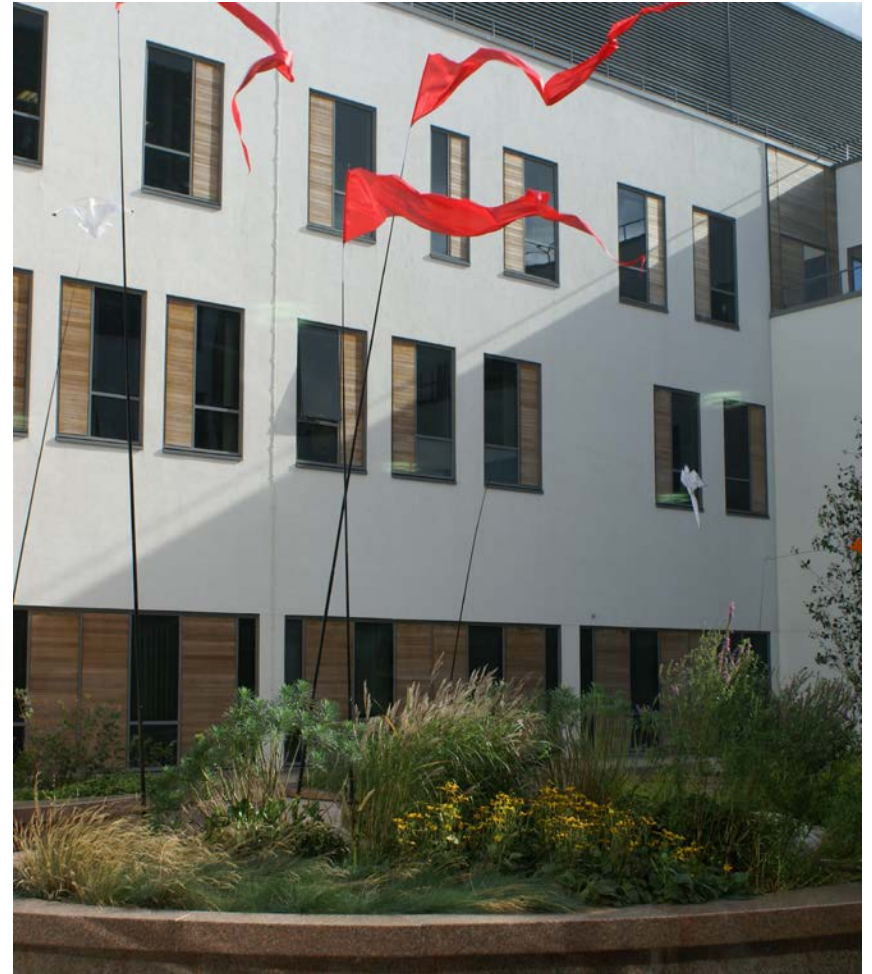
We have developed a wealth of accumulated knowledge on how to bring art into a patient focused healthcare setting and our work is often used as an integral part of the Cancer Treatment Service.





How do we 'measure' impact?

- Creativity
- , Health,
- Self –Esteem,
- Interests,
- Family,
- Reminiscence,
- End of Life,
- Building Confidence,
- Peer Support,
- Anxiety,
- Depression,
- Loss,
- Stress and Relaxation



The Act of Making



